

SANJEEV GATHANI

Profile & Accomplishments

Sanjeev Gathani is a trained internal auditor and Sarbanes-Oxley specialist by profession. He never liked sports and adopted a sedentary lifestyle. All things changed when he passed his 33rd birthday. Wisdom had struck him and he decided to turn over a new leaf. He took up the challenge in 2005 and participated in his first sprint category triathlon. Mind you, he was a whopping 95 kilograms in weight and could barely carry himself. Many critics wondered if he, Sanjeev, the fat baby elephant, would ever complete the sprint triathlon event. Surprisingly he did, though he came in last in his age category and felt a tremendous sense of achievement. There was no turning back after that event. He went on to compete and complete in endurance events in Singapore, Malaysia and even Thailand.

To date, he has muscled more than 10 Olympic Distance triathlons, three half marathons and one half ironman event. So what next for him and what are his aspirations for TriZEN Sports Pte Ltd? The answers are simple: To complete in his first-ever ironman event in 2008 and do the double Ironman the following year. Not

the following next year. Not resting on his laurels, he shall embark on his journey with his friend, trainer and inspiration, Dr Kua Harn Wei, to compete in the Deca Ironman World Challenge. In so far as TriZEN Sports Pte Ltd is concerned, his aim is to encourage both young and old that endurance sports is the way to go, so Get Into Life and Get Into Endurance Sports – because if he can do it, so can you.

None of the above would have been possible without the sacrifices of his beloved and loving wife, kids and his parents. They have always supported him in his quest for greatness and will continue to do so. He is indebted to all for the presented opportunities.

Sanjeev brings with him new dimensions and energy into TriZEN. His unique background in triathlon enables him to see many things differently from the rest of the team. This is very important as he helps to introduce new concepts and perspective into TriZEN. For example, the idea of having a Family Aquathon originates from his creativity and knowledge of how his own family

has given him the much needed support to grow as a triathlete. His extensive experience as an entrepreneur enables him to mould the profile of TriZEN such that it has the potential to benefit a much wider audience, hence fulfilling the objectives of TriZEN. This is fueled by his very strong belief that a triathlete should never wait to give back to his/her sport and the society. A modest person, his dedication to triathlon can be clearly seen from how he juggles a very busy work and travel schedule with his family and training/racing. He is the epitome of passion and commitment, and will set a great example for novice and elite triathletes alike.